



# 2019 STANDARD CONSECUTIVE MEETING PACKAGE

## MENU

### DAY 1

#### CONTINENTAL BREAKFAST

Chilled apple, grapefruit, orange and cranberry juices

Assortment of breakfast breads and pastries served with fruit preserves and fresh dairy butter

Freshly brewed coffee and selection of teas

#### MID-MORNING BREAK

Replenishment of coffee, tea and supplies

#### LUNCH BUFFET

Assorted rolls and butter

Mixed green salad with two dressings

Assorted pizza squares with build your own sandwiches

Shaved and sliced deli meat platters with condiments

Cubed, wedged cheese platters with relish crudité

Combined with 3 salads and 1 soup (chefs choice)

Assorted cookies and squares

#### AFTERNOON BREAK

Replenishment of coffee, tea and supplies

### DAY 2

#### CONTINENTAL BREAKFAST

Chilled apple, grapefruit, orange and cranberry juices

Assortment of breakfast breads and pastries served with fruit preserves and fresh dairy butter

Freshly brewed coffee and selection of teas

#### MID-MORNING BREAK

Replenishment of coffee, tea and supplies

#### LUNCH BUFFET

Assorted rolls and butter

Mixed greens and two dressings

Combined with 3 salads

Rigatoni alfredo with tomato and arugula

Penne noodles with tomato sauce, chicken and sausage

Assorted squares

#### AFTERNOON BREAK

Replenishment of coffee, tea and supplies

### DAY 3

#### CONTINENTAL BREAKFAST

Chilled apple, grapefruit, orange and cranberry juices

Assortment of breakfast breads and pastries served with fruit preserves and fresh dairy butter

Freshly brewed coffee and selection of teas

#### MID-MORNING BREAK

Replenishment of coffee, tea and supplies

#### LUNCH BUFFET

Mixed greens and two dressings

Combined with 3 salads

Assorted flavoured tortillas

Beef or chicken fajitas with onions and peppers

Rice, sour cream, salsa, guacamole and cheese

Assorted squares

#### AFTERNOON BREAK

Replenishment of coffee, tea and supplies



*We are happy to customize your event. Full menu available upon request.*



# 2019 DELUXE CONSECUTIVE MEETING PACKAGE

## MENU

### DAY 1

#### CONTINENTAL BREAKFAST

Chilled apple, grapefruit, orange and cranberry juices

Assortment of breakfast breads and pastries served with fruit preserves and fresh dairy butter

Freshly brewed coffee and selection of teas

#### MID-MORNING BREAK

Replenishment of coffee, tea and supplies

#### LUNCH BUFFET

Assorted rolls and butter

Soup of the day

Mixed green salad and potato salad

Beef and chicken stir-fry with vegetables and chow mein noodles

Penne noodles tossed with pesto and grilled woodland mushrooms

Assorted pastries and cookies

#### AFTERNOON BREAK

Freshly baked cookies

Assorted chilled juices

Replenishment of coffee, tea and supplies

### DAY 2

#### CONTINENTAL BREAKFAST

Chilled apple, grapefruit, orange and cranberry juices

Assortment of breakfast breads and pastries served with fruit preserves and fresh dairy butter

Freshly brewed coffee and selection of teas

#### MID-MORNING BREAK

Replenishment of coffee, tea and supplies

#### LUNCH BUFFET

Assorted rolls and butter

Mixed green salad with two dressings

Combined with 3 salads

Baked pacific cod loin with preserved lemon gremolata

Roasted garlic and lime scented rice

Fresh seasonal vegetables

Assorted pastries and cookies

#### AFTERNOON BREAK

Freshly baked cookies

Assorted chilled juices

Replenishment of coffee, tea and supplies

### DAY 3

#### CONTINENTAL BREAKFAST

Chilled apple, grapefruit, orange and cranberry juices

Assortment of breakfast breads and pastries served with fruit preserves and fresh dairy butter

Freshly brewed coffee and selection of teas

#### MID-MORNING BREAK

Replenishment of coffee, tea and supplies

#### LUNCH BUFFET

Assorted rolls and butter

Mixed greens with two dressings

Combined with 3 salads

Grain fed chicken breast cacciatore with roasted red peppers, tomatoes, capers and white wine

Rosemary and agave roasted sweet potatoes

Fresh seasonal vegetables

Assorted pastries and cookies

#### AFTERNOON BREAK

Freshly baked cookies

Assorted chilled juices

Replenishment of coffee, tea and supplies



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# 2019 EXECUTIVE CONSECUTIVE MEETING PACKAGE

## MENU

### DAY 1 BREAKFAST

Assortment of breakfast breads and pastries served with fruit preserves and fresh dairy butter  
Country fresh scrambled egg gratin  
Maple smoked bacon and sausage links  
Home fried potatoes  
Freshly brewed coffee and selection of teas

### MID-MORNING BREAK

*Health Nuts* - yogurt, granola, flaxseed, fruit, kale chips, pea crisps, dried fruit and naked juice smoothies  
Replenishment of coffee, tea and supplies

### LUNCH BUFFET

Assorted rolls and butter  
Soup of the day  
Mixed green salad and potato salad  
Beef and chicken stir-fry with vegetables and chow mein noodles  
Penne noodles tossed with pesto and grilled woodland mushrooms  
Assorted pastries and tarts  
Fresh fruit presentation

### AFTERNOON BREAK

*Snacker*- caramel and butter popcorn, assortment of chips, nuts and pretzels  
Replenishment of coffee, tea and supplies

### DAY 2 BREAKFAST

Assortment of breakfast breads and pastries served with fruit preserves and fresh dairy butter  
Individual gourmet quiches (3 types)  
Fruit presentation  
Freshly brewed coffee and selection of teas

### MID-MORNING BREAK

*Caffeine*- flavoured coffee syrups, chocolate covered coffee beans, biscotti, energy bars and coffee cake  
Replenishment of coffee, tea and supplies

### LUNCH BUFFET

Assorted rolls and butter  
Mixed green salad with two dressings  
Combined with 3 salads  
Baked pacific cod loin with preserved lemon gremolata  
Roasted garlic lime scented rice  
Fresh seasonal vegetables  
Assorted pastries and cookies  
Fresh fruit presentation

### AFTERNOON BREAK

*High Tea*- assorted tea sandwiches, scones, fruit, tarts and teas  
Replenishment of coffee, tea and supplies

### DAY 3 BREAKFAST

Assortment of breakfast breads and pastries served with fruit preserves and fresh dairy butter  
Western style eggs on cheese and chive scones  
Fruit presentation  
Freshly brewed coffee and selection of teas

### MID-MORNING BREAK

*Bakeshop*- tarts, squares, lollipop cheesecake, croissants and coffee cake  
Replenishment of coffee, tea and supplies

### LUNCH BUFFET

Assorted rolls and butter  
Mixed greens with two dressings  
Combined with 3 salads  
Grain fed chicken breast cacciatore with roasted red peppers, tomatoes, capers and white wine  
Rosemary and agave roasted sweet potatoes  
Fresh seasonal vegetables  
Assorted cookies and cupcakes  
Fresh fruit presentation

### AFTERNOON BREAK

*Dipper*- hummus, spinach dip and bruschetta accompanied by pitas, nachos, crostini and flatbread  
Replenishment of coffee, tea and supplies

We are happy to customize your event. Full menu available upon request.